

WOMEN'S SEXUAL SCREENING ADDICTION TEST

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The Women's Sexual Addiction Screening Test (W-SAST) is a set of questions to help you see your sexual activity more clearly. It is an assessment of sexually compulsive or addictive behavior. A high number of YES answers may be a sign of some issues with sex addiction. After using this questionnaire, please consult our staff to discuss these issues further.

1. Were you sexually abused as a child or adolescent?

Yes No

2. Do you regularly purchase romance novels or sexually explicit magazines?

Yes No

3. Have you stayed in romantic relationships after they become emotionally or physically abusive?

Yes No

4. Do you often find yourself preoccupied with sexual thoughts or romantic day dreams?

Yes No

5. Do you feel that your sexual behavior is not normal?

Yes No

6. Does your spouse or significant other(s) ever worry or complain about your sexual behavior?

Yes No

7. Do you have trouble stopping your sexual behavior when you know it is inappropriate?

Yes No

8. Do you ever feel bad about your sexual behavior?

Yes No

9. Has your sexual behavior ever created problems for you and your family?

Yes No

10. Have you ever sought help for sexual behavior you did not like?

Yes No

11. Have you ever worried about people finding out about your sexual activities?

Yes No

12. Has anyone been hurt emotionally because of your sexual behavior?

Yes No

